



Etowah Gastroenterology Associates, PC
1026 Goodyear Avenue, Suite 201, Gadsden, AL 35903
Phone: (256) 467-4477, Fax: (256) 467-4830
VIPUL T. AMIN, M.D.

Colonoscopy CLENPIQ Preparation

Name: _____ Date: _____

Hospital: _____ TIME: THE FACILITY WILL CALL THE DAY PRIOR WITH TIME.

PLEASE NOTIFY THE OFFICE 48 HOURS PRIOR IF YOU NEED CHANGE THIS DATE

PURCHASE THE CLENPIQ COLON PREPARTION AT PHARMACY. CLENPIQ is the current standard of care for colonoscopy, please check with your pharmacy regarding the cost of the prep kit.

If you are taking medication: Take **ALL blood pressure and heart medication** prior to your procedure. Please DO NOT take any Aspirin, Bufferin, Advil, Ibuprofen, Aleve, Naprosyn, Indocin, Lodine, Coumadin, or any other arthritic medication/ blood thinners for (5) days prior to your procedure. If you take fish oil please stop it 7 days prior to procedure.

If you take insulin, take ½ of our regular dose the day before the procedure.
DO NOT take insulin the day of test.

One day before procedure:

- 1) **Clear liquids diet only all day** begin liquids in the morning to aid in hydration and improve the quality of bowel prep
Clear Liquid diet
 - **Soups:** Clear bouillon or broth
 - **Beverages:** Tea, coffee (no cream/milk), Kool-Aid, carbonated beverages, apple juice, White grape juice, strained lemonade/ limeade. **NO RED, PINK, ORANGE or PURPLE** colored liquids
 - **Desserts:** Water Ices, Italian ice, popsicles, or jello
- 2) At 5 pm in the afternoon begin the **CLENPIQ**. Full instructions on the following page.
- 3) **NOTHING TO EAT OR DRINK AFTER MIDNIGHT EXCEPT CLENPIQ & clear liquids**

NO DRIVING! You must have a driver the day of procedure.

PLEASE CALL THE OFFICE WITH ANY QUESTIONS 256-467-4477

GADSDEN REGIONAL OUTPATIENT
1007 GOODYEAR AVE
GADSDEN AL 35903
256-494-4462
256-494-4074 (business office)

GADSDEN ENDOSCOPY (RIVERVIEW)
820 GOODYEAR AVE
GADSDEN, AL 35903
256-492-4284
256-543-5839 (business office)

CHEROKEE MEDICAL CENTER
400 NORTHWOOD DR
CENTRE, AL 35960
256-927-1362

GADSDEN SURGERY CENTER
418 SOUTH 5TH STREET
GADSDEN, AL 35901
256-543-1253



CLENPIQ™

(sodium picosulfate, magnesium oxide, and anhydrous citric acid) Oral Solution

10 mg/3.5 g/12 g per 160 mL bottle

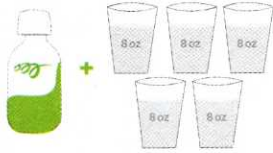
TAKING CLENPIQ

STEPS TO COMPLETE THE PREP

The Split-Dose Regimen

Evening Before

Between 5-9 PM



Drink 40 oz (5 cups) of clear liquids.*
Finish liquids over the next 5 hours.

Morning of

5 hours before procedure



Drink at least 24 oz (3 cups) of clear liquids.
Finish liquids 2 hours before your colonoscopy
or as advised by your doctor.



Hydration is important and it's part of the prep. Make sure to hydrate before you take the prep, while you're taking the prep, and after the prep.

Prep Assistant Use the prep assistant as a guide for completing your prep.

The time of your colonoscopy is _____:_____

Complete your prep and all hydration by _____:_____

ON THE DAY BEFORE THE COLONOSCOPY, stop eating all solid food and dairy, and start hydrating by drinking clear liquids.



Evening before your colonoscopy

Drink one bottle of CLENPIQ
Drink CLENPIQ right from the bottle

Then, keep hydrating
Drink 5 cups (8 oz each) of clear liquid.
Check off the cups below as you go!



Start: 5pm
Finish: _____:_____

Morning of your colonoscopy

Drink the other bottle of CLENPIQ
Drink CLENPIQ right from the bottle

Then, keep hydrating
Drink at least 3 cups (8 oz each) of clear liquid.
Check off the cups below as you go!



OR MORE

Start: 3am
Finish: _____:_____

*After your first dose, if severe bloating, swelling, or stomach pain occurs, delay the second dose until the symptoms resolve.

Please see reverse page for additional information about CLENPIQ, the importance of a clear liquid diet, and hydration.

INDICATION

CLENPIQ is a prescription medicine used by adults to clean the colon before a colonoscopy. CLENPIQ cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

IMPORTANT SAFETY INFORMATION

- Do not take CLENPIQ if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in CLENPIQ.
- CLENPIQ and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with CLENPIQ is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs).

See complete Important Safety Information on the back.