



Etowah Gastroenterology Associates, PC
1026 Goodyear Avenue, Suite 201, Gadsden, AL 35903
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VIPUL T. AMIN, M.D.

Colonoscopy SUPREP Preparation

Name: _____ Date: _____

Hospital: _____ TIME: **THE FACILITY WILL CALL THE DAY PRIOR WITH TIME.**

PLEASE NOTIFY THE OFFICE 48 HOURS PRIOR IF YOU NEED CHANGE THIS DATE

PURCHASE THE SUPREP COLON PREPARTION AT PHARMACY. SUPREP is the current standard of care for colonoscopy, please check with your pharmacy regarding the cost of the prep kit.

If you are taking medication: Take **ALL blood pressure and heart medication** prior to your procedure. **Please DO NOT take any Aspirin, Bufferin, Advil, Ibuprofen, Aleve, Naprosyn, Indocin, Lodine, Coumadin, or any other arthritic medication/ blood thinners for (5) days prior to your procedure.** If you take fish oil please stop it 7 days prior to procedure.

If you take insulin, take ½ of our regular dose the day before the procedure.
DO NOT take insulin the day of test.

One day before procedure:

- 1) Clear liquid diet only all day-** begin liquids in the morning to aid in hydration and improve the quality of bowel prep
Clear Liquid diet
 - **Soups:** Clear bouillon or broth
 - **Beverages:** Tea, coffee (no cream/milk), Kool-Aid, carbonated beverages, apple juice, White grape juice, strained lemonade/ limeade. **NO RED, PINK, ORANGE or PURPLE** colored liquids
 - **Desserts:** Water Ices, Italian ice, popsicles, or jello
- 2) At 5 pm in the afternoon begin the SUPREP.** Full instructions on the following page.
- 3) NOTHING TO EAT OR DRINK AFTER MIDNIGHT EXCEPT SUPREP & clear liquids**

NO DRIVING! You must have a driver the day of procedure.
(Your driver must stay for entire procedure)

PLEASE CALL THE OFFICE WITH ANY QUESTIONS 256-467-4477

GADSDEN REGIONAL OUTPATIENT
1007 GOODYEAR AVE
GADSDEN AL 35903
256-494-4462
256-494-4074 (business office)

GADSDEN ENDOSCOPY (RIVERVIEW)
820 GOODYEAR AVE
GADSDEN, AL 35903
256-492-4284
256-543-5839 (business office)

CHEROKEE MEDICAL CENTER
400 NORTHWOOD DR
CENTRE, AL 35960
256-927-1362

GADSDEN SURGERY CENTER
418 SOUTH 5TH STREET
GADSDEN, AL 35901
256-543-1253

Your procedure will be performed by Doctor: _____

Address: _____

Date of procedure: _____ Arrive at: _____ AM/PM

Comments: _____

SUPREP[®] BOWEL PREP KIT

(sodium sulfate, potassium sulfate and magnesium sulfate)
Oral Solution

(17.5g/3.13g/1.6g) per 6 ounces



On the day before your procedure...

What You CAN do:

- ~~You may have a light breakfast~~ or have clear liquids ONLY; please have nothing for dinner

What You CANNOT do:

- **DO NOT** drink milk
- **DO NOT** eat or drink anything colored red or purple
- **DO NOT** drink alcoholic beverages

Any of the following liquids are OK to drink:

- Water
- Strained fruit juices (without pulp) including apple, orange, white grape, or white cranberry
- Limeade or lemonade
- Coffee or tea (**DO NOT** use any dairy or non-dairy creamer)
- Chicken broth
- Gelatin desserts without added fruit or topping (**NO RED OR PURPLE**)

Note:

- SUPREP Bowel Prep Kit is indicated for cleansing of the colon as a preparation for colonoscopy in adults
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUPREP Bowel Prep Kit may affect how other medicines work
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUPREP Bowel Prep Kit
- The most common adverse reactions after administration of SUPREP Bowel Prep Kit were overall discomfort, abdominal distention, abdominal pain, nausea, vomiting, and headache
- If you have any questions about taking SUPREP Bowel Prep Kit, call your doctor

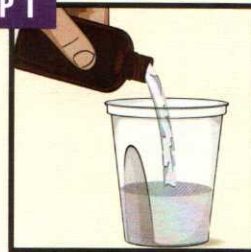
To learn more about this product, please call **1-800-874-6756** or visit our Web site at **www.suprepkit.com**

Split-Dose (2-Day) Regimen

Begin Step 1 at **5** PM the evening before your procedure and proceed as shown below:

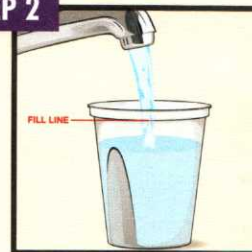
- On the evening before the procedure (or when your doctor tells you to begin) complete steps 1 through 4 using one (1) 6-ounce bottle before going to bed
- On the morning of your procedure, repeat steps 1 through 4 using the other 6-ounce bottle

STEP 1



Pour **ONE** (1) 6-ounce bottle of SUPREP liquid into the mixing container.

STEP 2



Add cool drinking water to the 16-ounce line on the container and mix.

STEP 3



Drink **ALL** the liquid in the container.

STEP 4



You **must** drink two (2) more 16-ounce containers of water over the next 1 hour.

Begin Step 1 at **3** AM the morning of your procedure and proceed as shown above:

NOTE: Dilute the solution concentrate as directed prior to use.

NOTE: You **must** finish drinking the final glass of water at least 2 hours, or as directed, before your colonoscopy.