## Etowah Gastroenterology Associates, PC

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# FLEXIBLE SIGMOIDOSCOPY PREPARATION

Name:	Date:
Hospital:	THE FACILITY WILL CALL THE DAY
BEFORE WITH TIME.	

### PLEASE NOTIFY THE OFFICE 48 HOURS PRIOR IF YOU NEED CHANGE THIS DATE

If you are taking medication: Take ALL blood pressure and heart medication prior to your procedure. Please DO NOT take any Aspirin, Bufferin, Advil, Ibuprofen, Aleve, Naprosyn, Indocin, Lodine, Coumadin, or any other arthritic medication/ blood thinners for (3) days prior to your procedure.

PURCHASE AT THE PHARMACY: THREE (3) FLEET ENEMAS

## ONE (1) DAY BEFORE PROCEDURE

- Have a light diet the day before procedure
- The night before the exam, you may have a clear liquid supper.
- At 9 PM the evening prior use 1 fleet enema

### DAY OF PROCEDURE

- The morning of the exam, use 2 fleet enema 30 minutes apart 1 ½ hours before leaving home.
- Clear liquids only the morning of procedure.

NO DRIVING! You must have a driver the day of procedure.

GADSDEN REGIONAL OUTPATIENT 1007 GOODYEAR AVE GADSDEN AL 35903 256-494-4462 256-494-4074 (business office)

GADSDEN ENDOSCOPY (RIVERVIEW) 600 S 3RD ST GADSDEN, AL 35903 256-543-5355 256-543-5839 (business office)