



Etowah Gastroenterology Associates, PC  
1026 Goodyear Avenue, Suite 201, Gadsden, AL 35903  
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VIPUL T. AMIN, M.D.

## Colonoscopy Preparation

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Hospital: \_\_\_\_\_ TIME: **THE FACILITY WILL CALL THE DAY PRIOR WITH TIME.** \*\*\*IF YOU HAVE NOT HEARD FROM THE FACILITY BY 2:30 OR 3 PM THE DAY PRIOR TO YOUR PROCEDURE GIVE THE FACILITY A CALL AS THEY DO NOT GIVE US THE PROCEDURE TIMES

### PLEASE NOTIFY THE OFFICE 48 HOURS PRIOR IF YOU NEED CHANGE THIS DATE

If you are taking medication: Take ALL blood pressure and heart medication prior to your procedure. **Please DO NOT take any Aspirin, Bufferin, Advil, Ibuprofen, Aleve, Naprosyn, Indocin, Lodine, Coumadin, or any other arthritic medication/ blood thinners for (5) days prior to your procedure.** IF YOU TAKE OZEMPIC OR MOUNJARO YOU WILL NEED TO STOP IT 2 WEEKS PRIOR TO PROCEDURE. If you take fish oil please stop it 7 days prior to procedure. If you take insulin, take ½ of our regular dose the day before the procedure. **DO NOT take insulin the day of test.**

\*\*\*PLEASE DO NOT FOLLOW PREP INSTRUCTIONS THAT ARE INCLUDED IN THE BOX WITH THE PREP; ONLY FOLLOW INSTRUCTIONS GIVEN BY OUR OFFICE\*\*\*

**TWO DAYS PRIOR-** MIX 119 GM OF MIRALAX WITH 500 ML OF WATER AND DRINK

**One day before procedure you must be on a clear liquid diet ALL DAY-**Begin liquids in the morning to aid in hydration and improve the quality of bowel prep

- **Soups:** Clear bouillon or broth
  - **Beverages:** Tea, coffee (no cream/milk), Kool-Aid, carbonated beverages, apple juice, White grape juice, strained lemonade/ limeade. **NO RED, PINK, ORANGE or PURPLE** colored liquids
  - **Desserts:** Water Ices, Italian ice, popsicles, or jello
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- At 5 pm in the afternoon begin the bowel prep kit. Full instructions on the following page.

- **NOTHING TO EAT OR DRINK AFTER MIDNIGHT EXCEPT BOWEL PREP KIT**

**NO DRIVING!** You must have a driver the day of procedure.  
(Your driver must stay for entire procedure)

GADSDEN REGIONAL OUTPATIENT  
1007 GOODYEAR AVE  
GADSDEN AL 35903  
256-494-4462  
256-494-4074 (business office)

GADSDEN ENDOSCOPY (RIVERVIEW)  
600 S 3<sup>RD</sup> ST  
GADSDEN, AL 35903  
256-492-4284  
256-543-5839 (business office)

## HEALTHCARE PROVIDER INFORMATION

Name:

Address:

City:

State:

Zip:

Phone:

Fax:

# SUPREP® BOWEL PREP KIT

(sodium sulfate, potassium  
sulfate and magnesium sulfate)

Oral Solution

**For Adults**

(17.5g/3.13g/1.6g) per 6 ounces



SUPREP Bowel Prep Kit is a split-dose (2-day) regimen. Both 6-ounce bottles are required for a complete prep.

**FIRST DOSE:** Begin Step 1 at 5 PM the evening before your procedure and proceed as shown below:

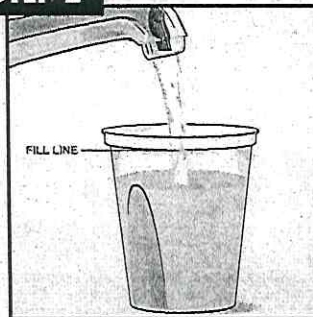
You must complete Steps 1 through 4 using one (1) 6-ounce bottle before going to bed:

### STEP 1



Pour **ONE** (1) 6-ounce  
bottle of SUPREP liquid  
into the mixing container.

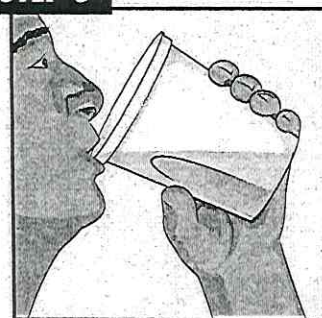
### STEP 2



Add cool drinking water to  
the 16-ounce line on the  
container and mix.

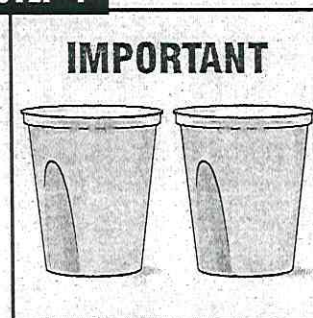
**NOTE:** Dilute the solution  
concentrate as directed  
prior to use.

### STEP 3



Drink **ALL** the liquid in  
the container.

### STEP 4



You **must** drink two (2)  
more 16-ounce containers  
of water over the next  
1 hour.

**SECOND DOSE:** Begin Step 1 at 3 AM the morning of your procedure and proceed as shown above:

For this dose, repeat Steps 1 through 4 shown above using the other 6-ounce bottle.

**NOTE:** You **must** finish drinking the final glass of water at least 2 hours, or as directed, before your colonoscopy.

(Please see other page for additional instructions.)