



Etowah Gastroenterology Associates, PC  
1026 Goodyear Avenue, Suite 201, Gadsden, AL 35903  
Phone: (256) 467-4477, Fax: (256) 467-4830  
VIPUL T. AMIN, M.D.

## **UPPER ENDOSCOPY INSTRUCTIONS**

**NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**FACILITY:** \_\_\_\_\_ **TIME:** THE FACILITY WILL CALL THE DAY BEFORE WITH TIME

**PLEASE NOTIFY THE OFFICE 48 PRIOR IF YOU NEED TO CHANGE THIS DATE**

**Do not** take any Aspirin, Bufferin, Advil, Ibuprofen, Aleve, Nasprosyn, Indocin, Lodine, Coumadin, or any other blood thinner or arthritis medication for **three (3) days prior to this procedure**. If you take fish oil please stop taking 7 days prior to procedure.

**DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE TEST**

TAKE ALL BLOOD PRESSURE AND HEART MEDICATIONS ON THE DAY OF THE PROCEDURE,  
WITH A SMALL SIP OF WATER

**DO NOT TAKE INSULIN OR ANY OTHER DIABETIC MEDICATION THE DAY OF THE PROCEDURE**

**NO DRIVING!!! YOU MUST HAVE A DRIVER** (must stay for the entire procedure)

YOU SHOULD PLAN TO BE AT THE FACILITY FOR APPROXIMATELY TWO HOURS, INCLUDING A BRIEF RECOVERY PERIOD.

**PLEASE CALL THE OFFICE WITH ANY QUESTIONS 256-467-4477**

GADSDEN REGIONAL OUTPATIENT  
1007 GOODYER AVE  
GADSDEN AL 35903  
256-494-4462  
256-494-4074 (BUSINESS OFFICE)

CHEROKEE MEDICAL CENTER  
400 NORTHWOOD DR  
CENTRE AL 35960  
256-927-1362

GADSDEN SURGERY CENTER  
418 SOUTH 5<sup>TH</sup> STREET  
GADSDEN AL 35901  
256-543-1253